



***The Parents' and Carers'
Guide to the Internet
June 2017***



Why are you here today?



48% of children in the UK say there are things on the internet that bother children their own age

EU Kids Online II

48% of parents think their child knows more about the internet than they do

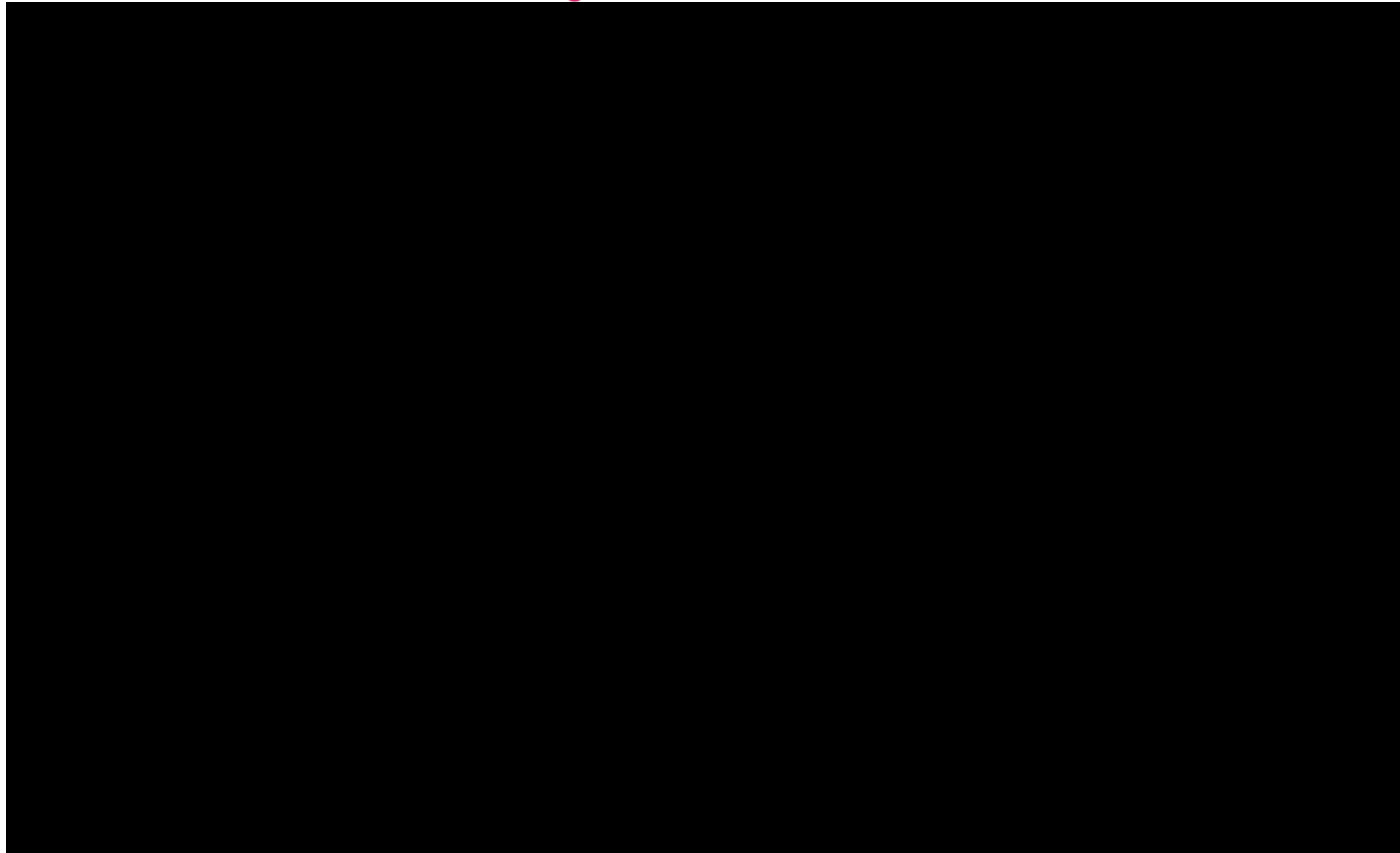
24% of 11 – 16's who use the internet at home feel more confident on the internet than in real life

Ofcom 2011





Video





Primary Scenario



Your child comes home from school and tells you they want an account on a popular gaming site for children Fishy Finder. They tell you that EVERYONE in their class has an account and that they feel left out.

- **What are your next steps?**
- **What boundaries do you set ?**



Frequently asked questions



1. At what age should a child own a mobile phone?
2. At what age should I allow my child their first email account?
3. How to I talk to my child about their “friends” online?
4. How do I talk to my child about inappropriate content online?



Continued....



5. What can I do if my child is being cyberbullied?
6. What can I do if my child has been approached by an adult online?
7. My child has had something posted about them, how do I get it removed?
8. I haven't set any parental controls, where do I start?
9. Should my child play or watch an 12/15/18 rated game?

Our Internet Rules for Key stage 2

We continually teach the children about the importance of e-safety particularly when accessing the internet.

- **Zip it, block it, flag it.**

This code reminds us of our e-safety rules and the actions the children should take if any of the rules are broken.



Our Internet Rules for Key Stage 1



We talk the children through these rules each time we use the internet.

People you don't know are strangers. They 're not always who they say they are.

Be nice to people on the computer like you would in the playground.

Keep your personal information private.

If you ever get that “uh oh” feeling, **you should tell a grown up you trust.**



Our Internet Rules for Foundation Stage.



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Top Tips



- 1. Discuss internet safety with your child in a fun, informative way. Start this discussion early. Tell them how exciting the internet is but that they need to take care and be responsible.**
- 2. Watch Thinkuknow films and cartoons with your child.**
- 3. Keep up-to-date with your child's development online.**
- 4. Set boundaries in the online world just as you would in the real world.**
- 5. Keep all equipment that connects to the internet in a family space.**
- 6. Use parental controls on devices that link to the internet, such as the TV, laptops, computers, games consoles and mobile phones.**



Top Tips



7. Stay involved and maintain a dialogue with your child. Show interest and let them teach you as you teach them.

8. Explain that they can always talk to you and show you anything they see or get sent online. Make them understand that you're there to protect them.

9. Make sure your child understands why they should not share personal information.

10. Explain to your child how anything shared online, even privately, can become public. Remind them that digital can be forever and they need to think before sharing.

11. Help them understand why meeting new online contacts must be discussed and agreed with you.



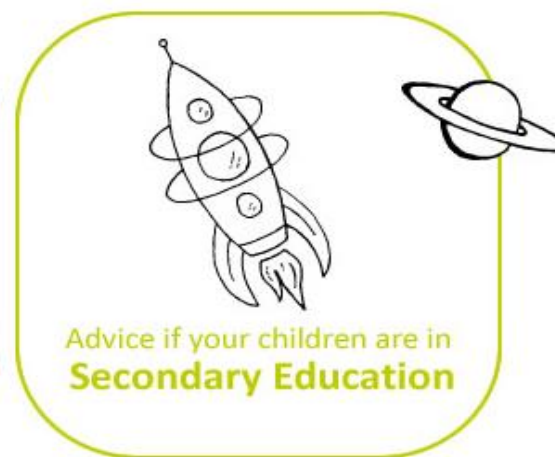
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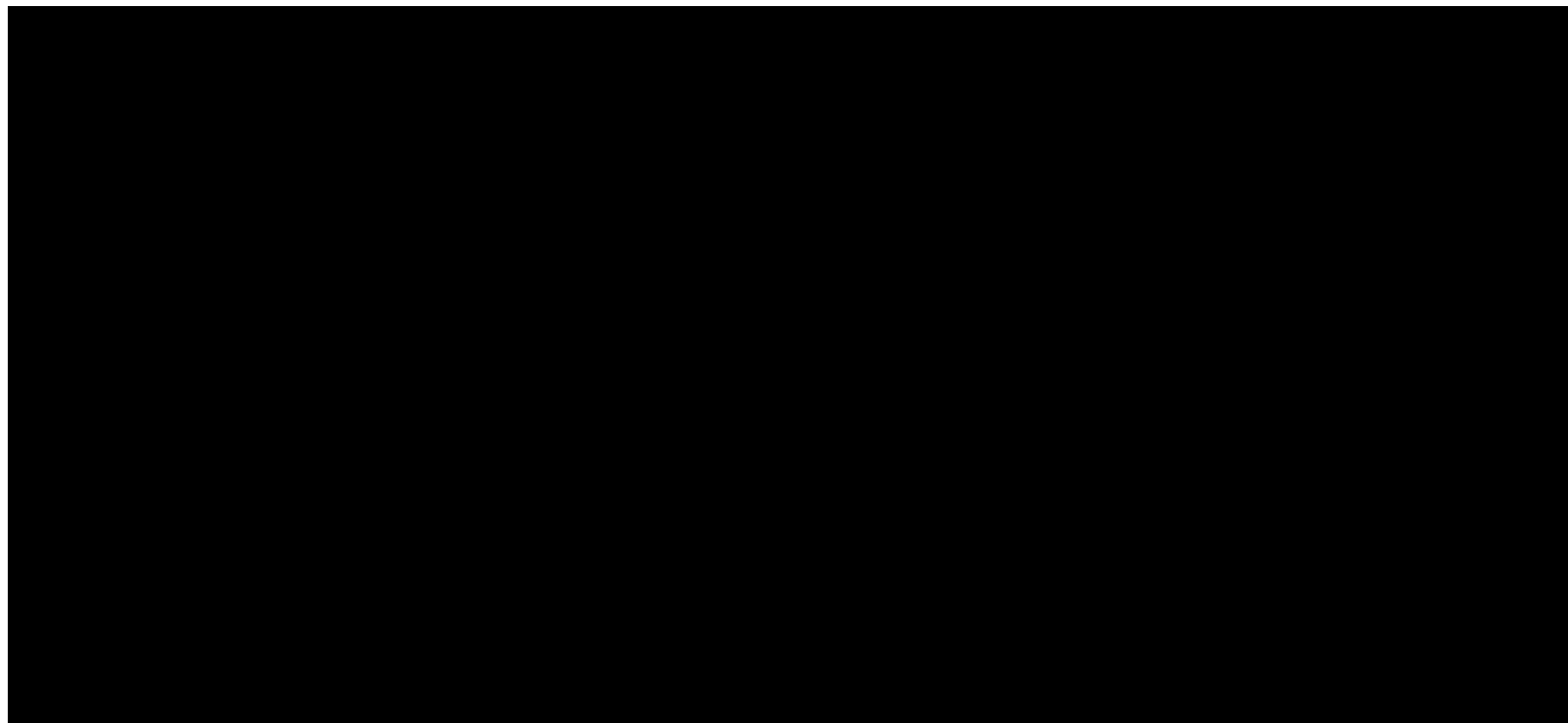
Welcome to CEOP's Thinkuknow for Parents and Carers!



www.thinkuknow.co.uk/parents



Parents' and Carers' Guide





Where can I go next?

<http://parentinfo.org/>

<https://www.thinkuknow.co.uk/>